

MODULE
4

MODULE 4 Happy Healthy Me

How can I take care of my health?

“You don’t have to be an Olympic athlete to be healthy. You just have to move.”

Michelle Obama

Wash Hands

Eat Healthy

Brush Teeth

Exercise

Get Rest

[illegible]

Happy Healthy Me



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ESSENTIAL QUESTION

How can I take care of my health?



BACK

HOME

Book of the Week



[BACK](#)

[HOME](#)

Vocabulary

peaceful



rest



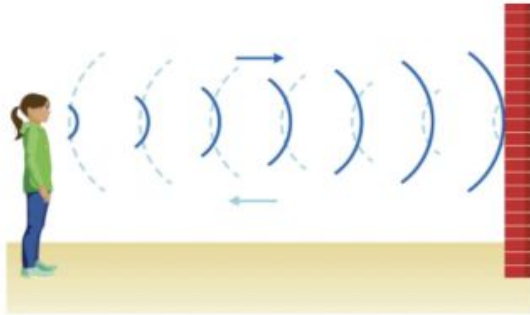
relax



Phonics Focus

Week 4

Short Ee /e/



BACK

ABC

HOME

Irregular Word (Heart Word)

Week 4

s ee

BACK

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HOME

Heart Word Review

a	the
as	to
do	I
is	was
of	you
for	from
your	said

all	put
are	does

Previous Weeks

[BACK](#)

[HOME](#)



ESSENTIAL QUESTION

How can I take care of my health?

WEEK
3

Eating
Right

Fruits, vegetables,
grains, protein,
dairy

Food
variety



Vocabulary

half



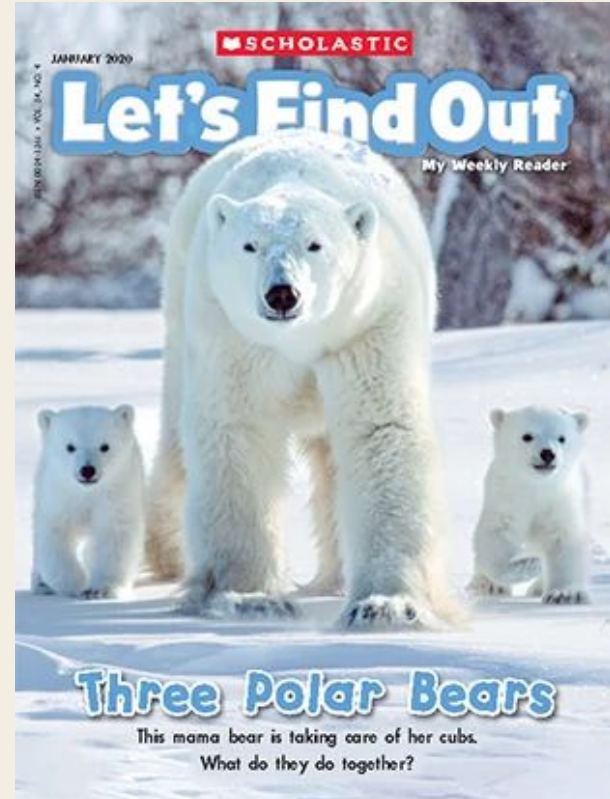
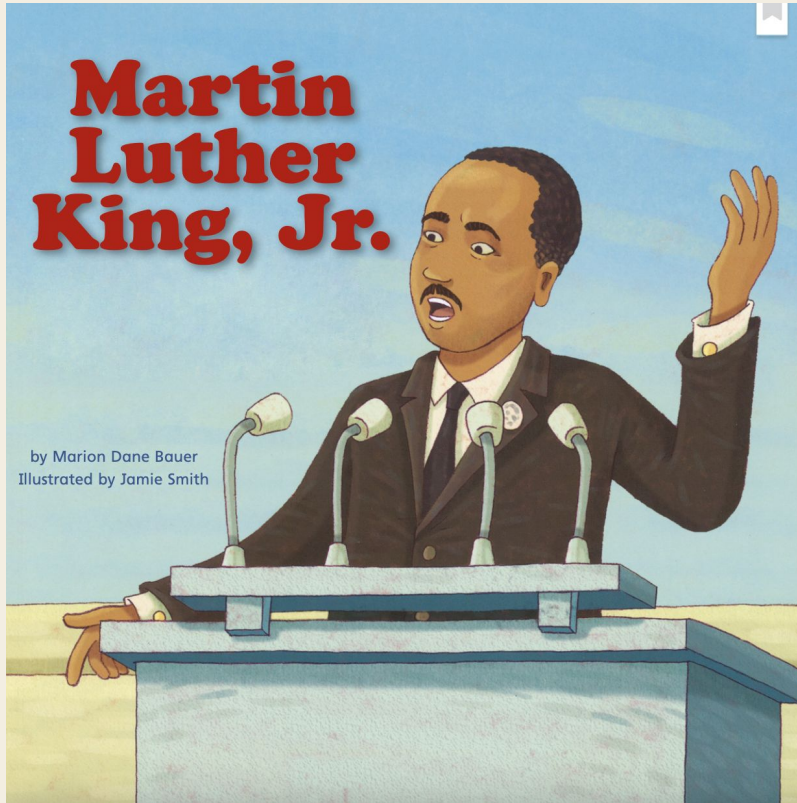
serving



variety



Book of the Week



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Phonics Focus

Week 3

- Yy /y/



- Xx /ks/



Heart Word Review

a	the
as	to
do	I
is	was
of	you
for	from
your	said

all	put
are	does



ESSENTIAL QUESTION

How can I take care of my health?



Exercise

Moving My
Body

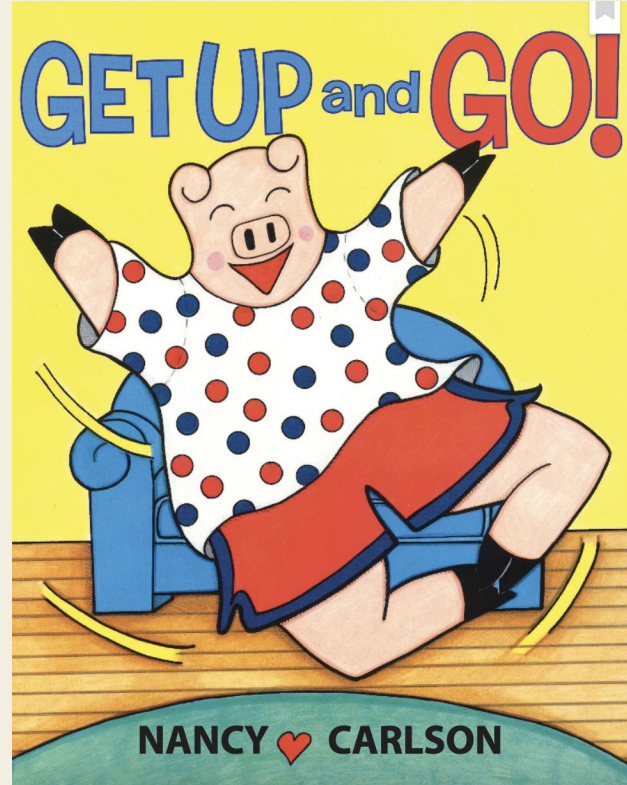
WEEK
2

Stretch

BACK

HOME

Book of the Week



Vocabulary

muscles



relaxing



take care



Phonics Focus

Week 2

- Kk /k/ 

- -s /s/, -s /z/



Irregular Words (Heart Words)

Week 2

are



does



BACK

HOME



ESSENTIAL QUESTION

How can I take care of my health?

Be fit

WEEK
1

Taking Care
of Myself

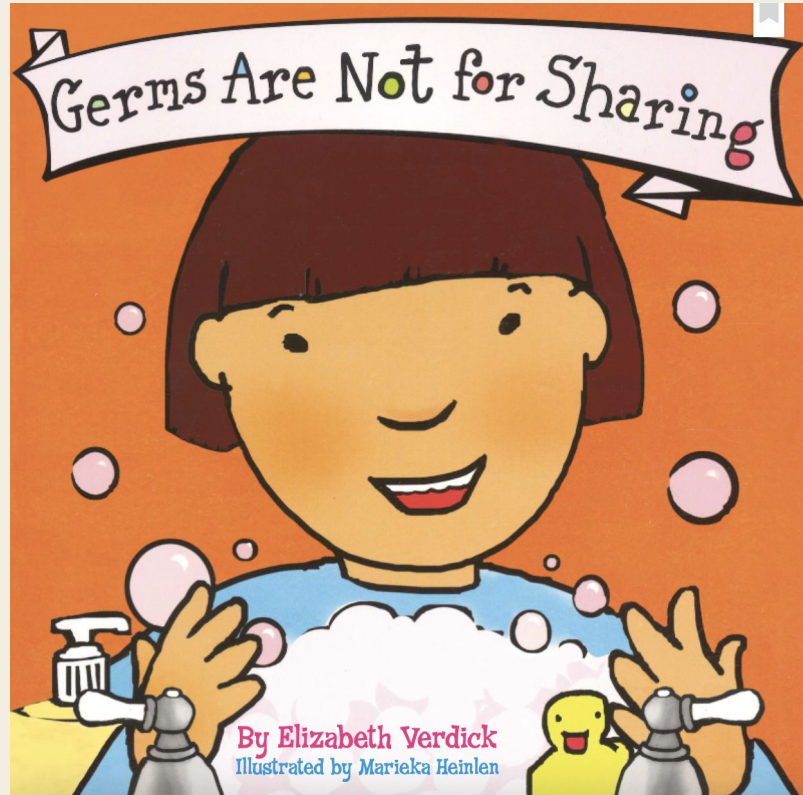
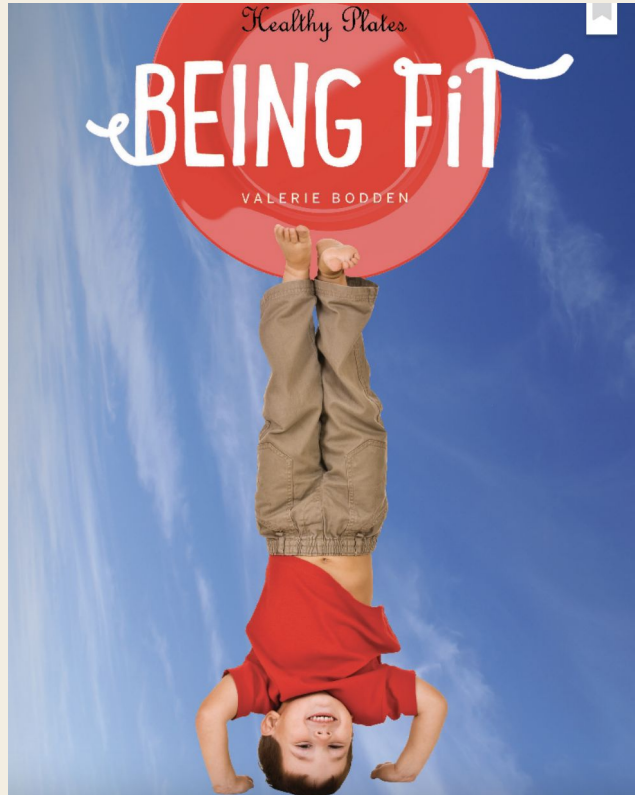
Stay
clean



BACK

HOME

Book of the Week



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[HOME](#)

Vocabulary

energy



exercise



healthy



active



stretch



weight



BACK

HOME

Phonics Focus

Week 1

- Short Uu /u/



Irregular Word (Heart Word)

Week 1

put



BACK

HOME

My Community Heroes

“Alone we can do so little. Together we can do so much.”

[illegible]

My Community Heroes



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ESSENTIAL QUESTION

What makes a community?

Making new friends

Sense of Belonging

WEEK
4

Feeling at home

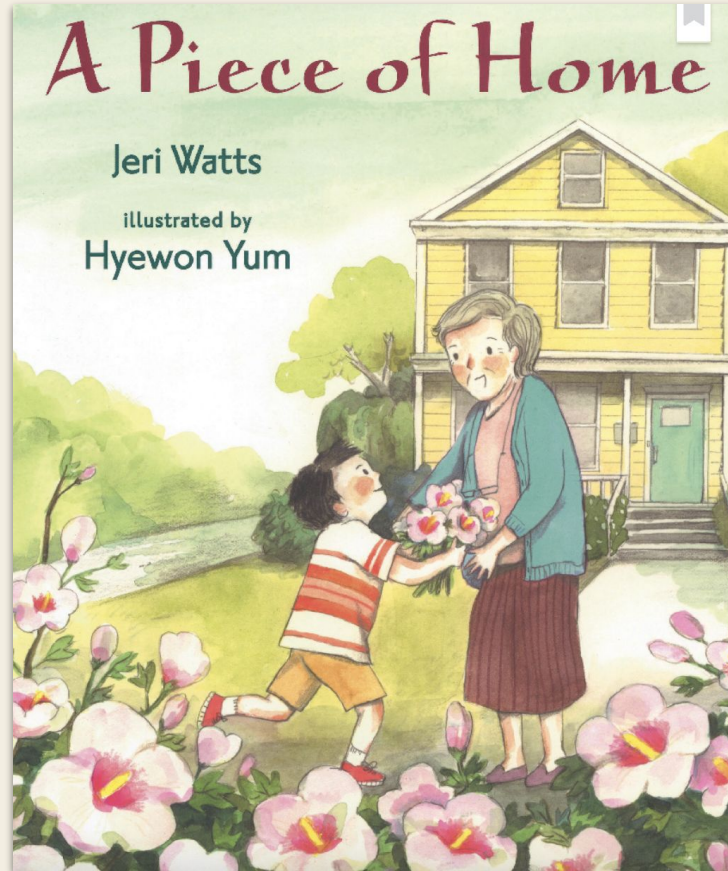


Module 3

BACK

HOME

Book of the Week



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[HOME](#)

Vocabulary

brave



expect



ordinary



Someone who is **brave** is not scared to do something.
*The **brave** boy is ready to get a shot from the doctor.*

If you **expect** something, you think it will happen.
*I **expect** the bus will come soon because it's always on time.*

If something is **ordinary**, it is normal and does not stand out.
*I used an **ordinary** pencil to write my story.*

Phonics Focus

Week 4

- Jj /j/ 

- Ll /l/ 

BACK

ABC

HOME

Irregular Word (Heart Word)

Irregular Words

Week 4

all

BACK

HOME



ESSENTIAL QUESTION

What makes a community?

**WEEK
3**

**Working
Together**

Helping each
other

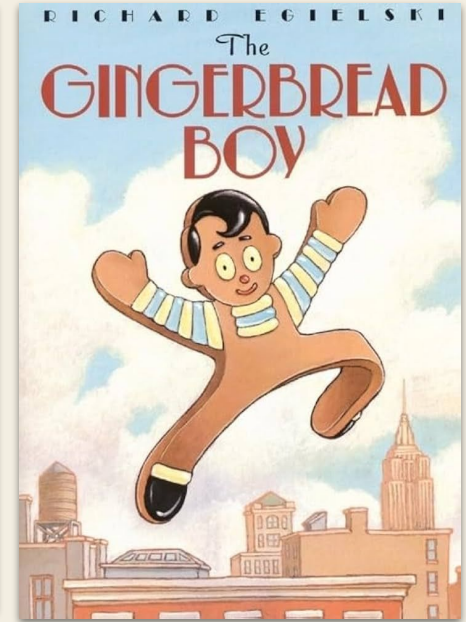
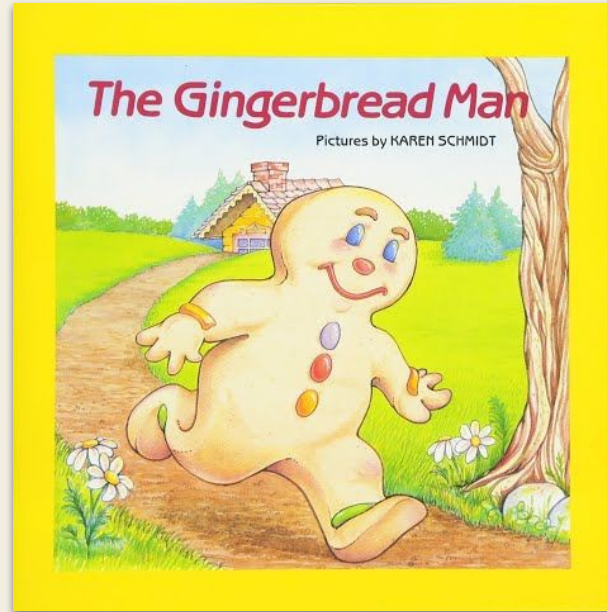
Learning
together



[BACK](#)

[HOME](#)

Books of the Week



Reading Focus

Retell a Story

Use your own words to
tell the characters, setting,
and main events.



Vocabulary

hope



wonderful



worried



When you **hope** for something, you want it to happen. *I **hope** the plant grows flowers soon!*

Something that is **wonderful** is very good. *Everyone likes Samuel's **wonderful** artwork.*

If you are **worried**, you are afraid something bad might happen. *My brother is **worried** the game might get canceled because of the rain.*

Phonics Focus

Week 3

- Gg /g/ 

- Hh /h/ 

Irregular Word (Heart Word)

Week 3

said

BACK

HOME



ESSENTIAL QUESTION

What makes a community?



Friends and neighbors

People

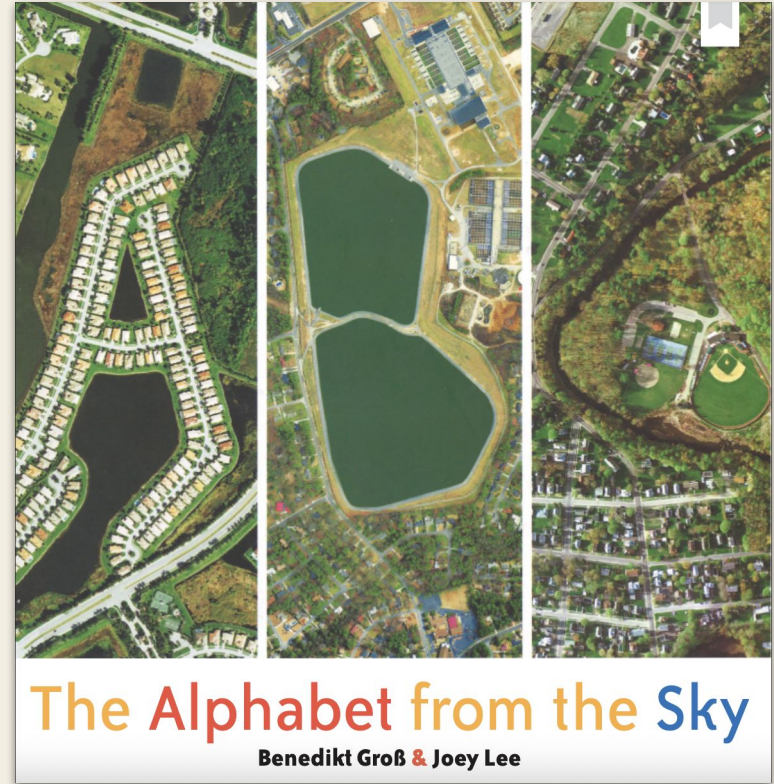
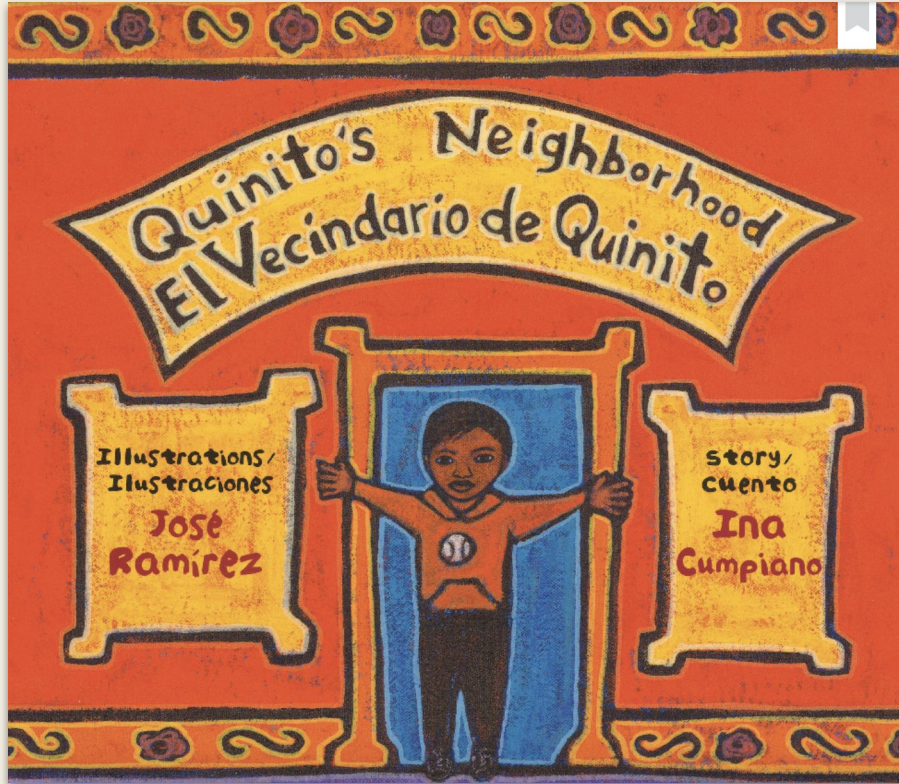
**WEEK
2**

Workers and helpers

[BACK](#)

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Books of the Week



Reading Focus

Make and Check Predictions

A prediction is a best guess about what will happen next.



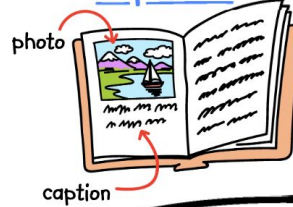
Use picture or text clues to make predictions.



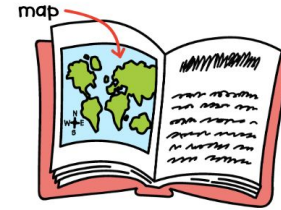
As you read, check to see if you are right.

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photos with captions



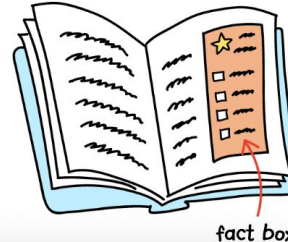
maps



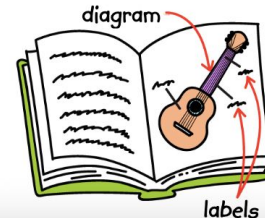
Text Features

➡ can give readers more information about a topic ⬅

fact boxes



diagrams with labels



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Vocabulary

busy



help



neighborhood



If you are **busy**, you have lots of things to do. My day is **busy**—after I'm done painting, I'm going to play soccer!

When you **help**, you make it easier for someone to do something. I like to **help** my mom with the laundry.

A **neighborhood** is a part of a city or town where people live. We worked together to plant a garden in our **neighborhood**.

Phonics Focus

Week 2

- Short Oo /o/



BACK

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HOME

Irregular Words (Heart Words)

Week 2

from

your



ESSENTIAL QUESTION

What makes a community?

**WEEK
1**

Places to
live and
learn

Places

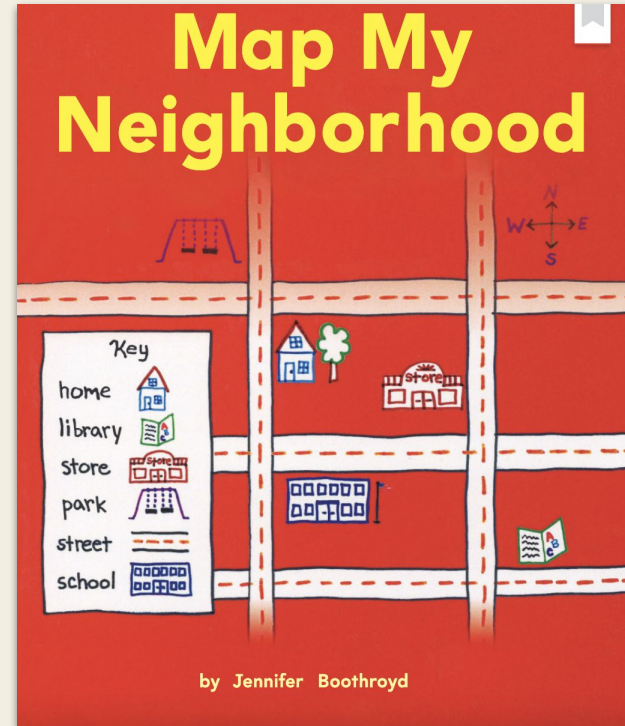
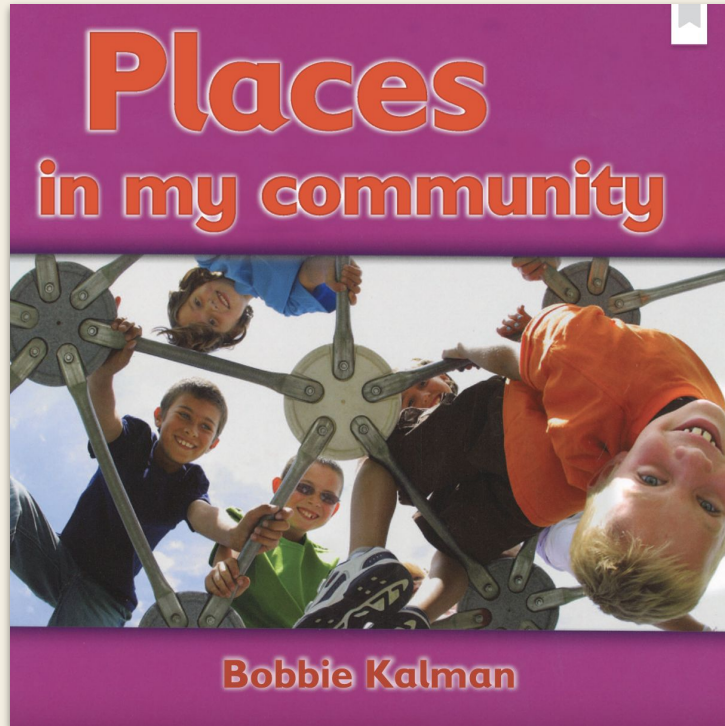
Places to
work and
play



BACK

HOME

Books of the Week



Reading Focus

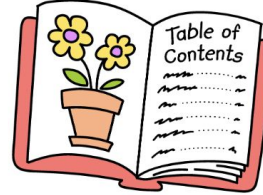
Give a Summary

Use your own words to tell the **central idea** and the most important **details**.

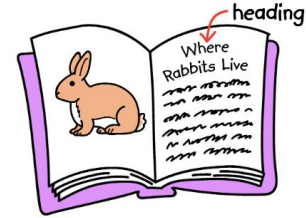


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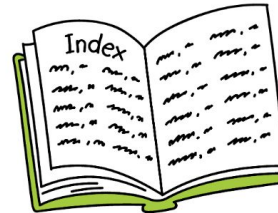
headings



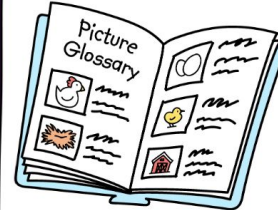
Text Features

can help readers learn or find information

index



glossary



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Vocabulary

community



location



neighbor



A **community** is a group of people who live and work in the same place. Everyone in our **community** went to see the parade.

The **location** of something is where it is. The **location** of my house is across the street from my school.

A **neighbor** is someone who lives near you. My **neighbor** invited our family over for a barbecue.

Vocabulary

earn



safe



together



If you **earn** something, you work hard to get it. My brother rakes up leaves in the yard to **earn** money.

If you are **safe**, you will not be hurt. Jonathan wears a helmet to be **safe** while riding his bike.

When people do things **together**, they do them with each other. The friends love to play soccer **together**.

Phonics Focus

Week 1

- Rr /r/



- Ff /f/



Irregular Words (Heart Words)

Week 1



BACK

ABC

HOME

MODULE
2

There's Only One Me!

What makes
each of us
special?

***"All you
can do
is be your
best self."***

Misty Copeland

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BACK

Grade K

Module 2

HOME

There's Only One Me!



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ESSENTIAL QUESTION

What makes each of us special?

Being my best self

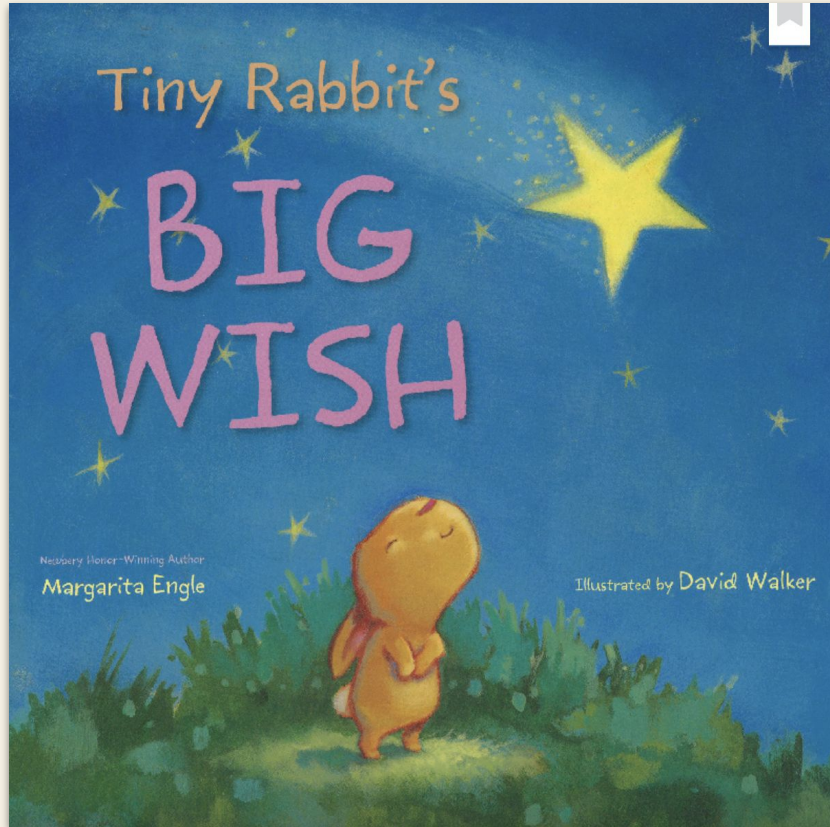
Feeling Proud of Who I Am

WEEK
4

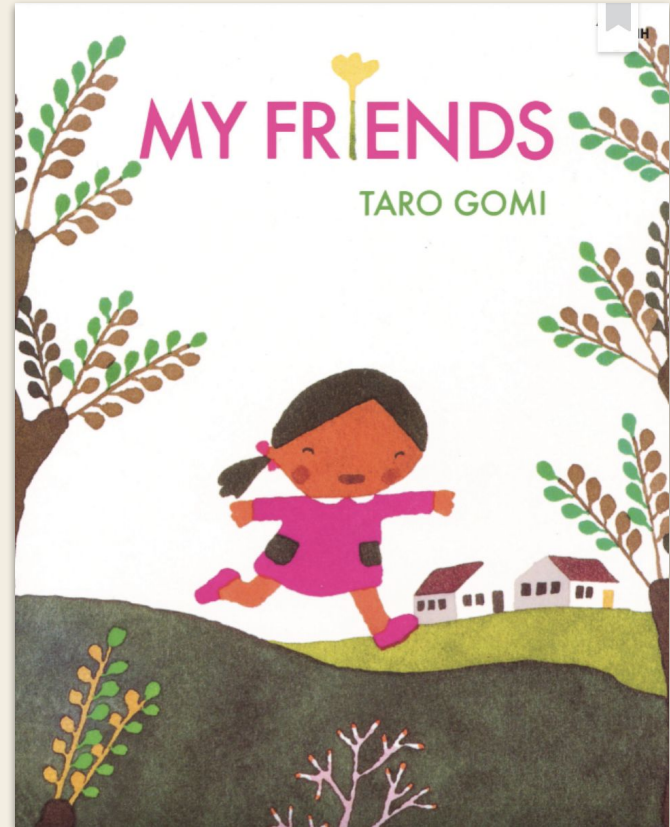
Knowing I am one of a kind



Books of the Week



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[HOME](#)

Reading Focus

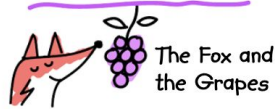
Fables

A fable is
a type of
folktale.

Fables usually

- are short
- have talking animals
- take place outside
- teach a lesson

Famous Fables



Vocabulary

enormous



height



wish





Something that is **enormous** is very big. An elephant is an **enormous** animal

Your **height** is how tall you are. *The doctor checks my **height** during the appointment.*

When you make a **wish** for something, you really want it to happen. *For my birthday, my biggest **wish** is to get a puppy!*

Phonics Focus

Week 4

- Pp /p/ 
- Cc /k/ 

BACK

ABC

HOME

Irregular Words (Heart Words)

Week 4

was

you

BACK

ABC

HOME



ESSENTIAL QUESTION

What makes each of us special?

WEEK
3

Staying True
to Myself

Making my
own choices

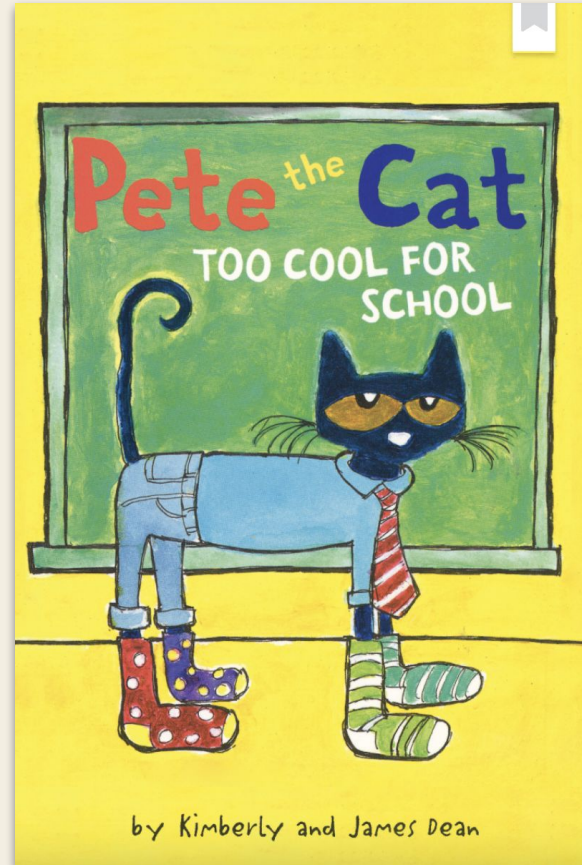
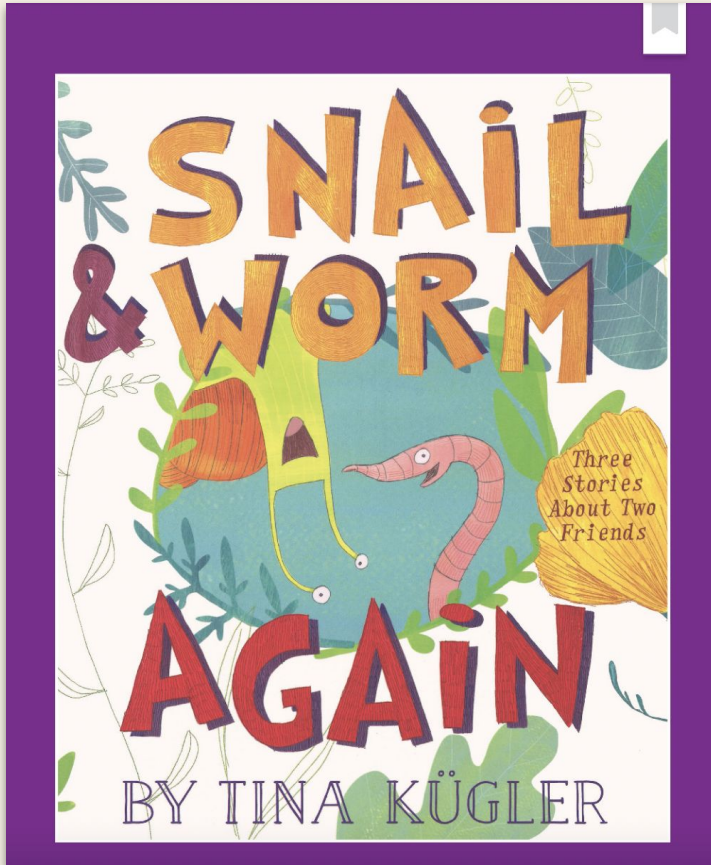
Accepting me
for me



BACK

HOME

Books of the Week



Reading Focus

Rules for Discussion

1



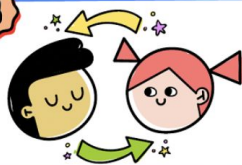
Listen to the person talking.

2

Look at the person talking.



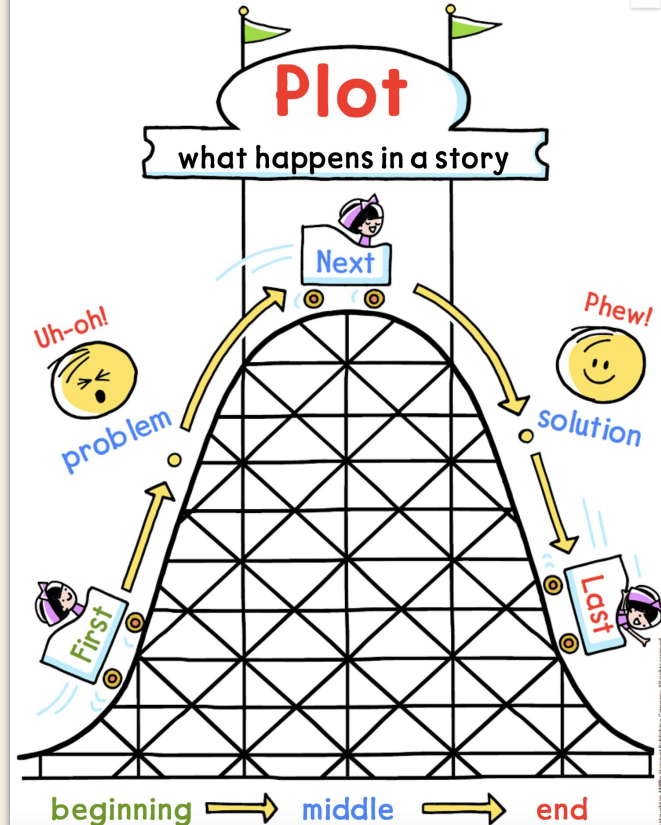
3



Take turns.

4

Use a clear voice that people can hear.



Vocabulary

reflection



shell



stripe



The image you see in a mirror and sometimes in water or glass is a **reflection**. Kai looked at his **reflection** in the bathroom mirror.

The **shell** of an animal is the hard covering on the outside of its body that protects it. A snail can hide in its **shell** if it senses danger.

A **stripe** is a long, thin line. It can be in a different color than the parts next to it. Many stripes together make a pattern. I wore a red shirt with white **stripes**.

Phonics Focus

Week 3

- Short li /i/



Short i [video](#)

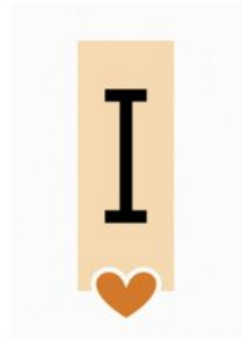
BACK

ABC

HOME

Irregular Words (Heart Words)

Week 3



BACK

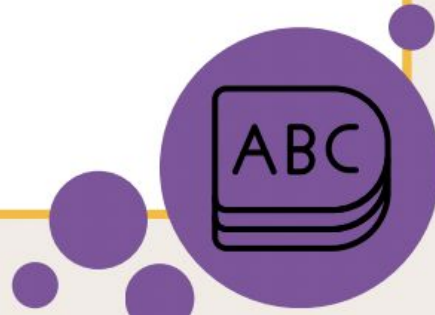
ABC

HOME

Decodable High-Frequency Words

Week 3

in **did**
it **sit**



BACK

HOME



ESSENTIAL QUESTION

**What makes
each of us
special?**



On the inside

**Feeling
Good
About Me**

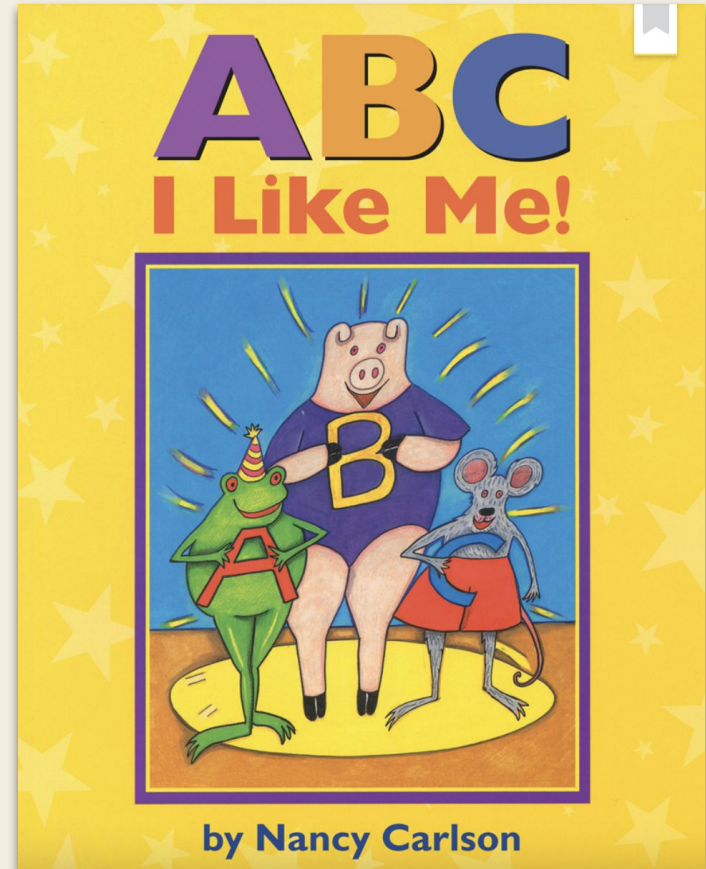
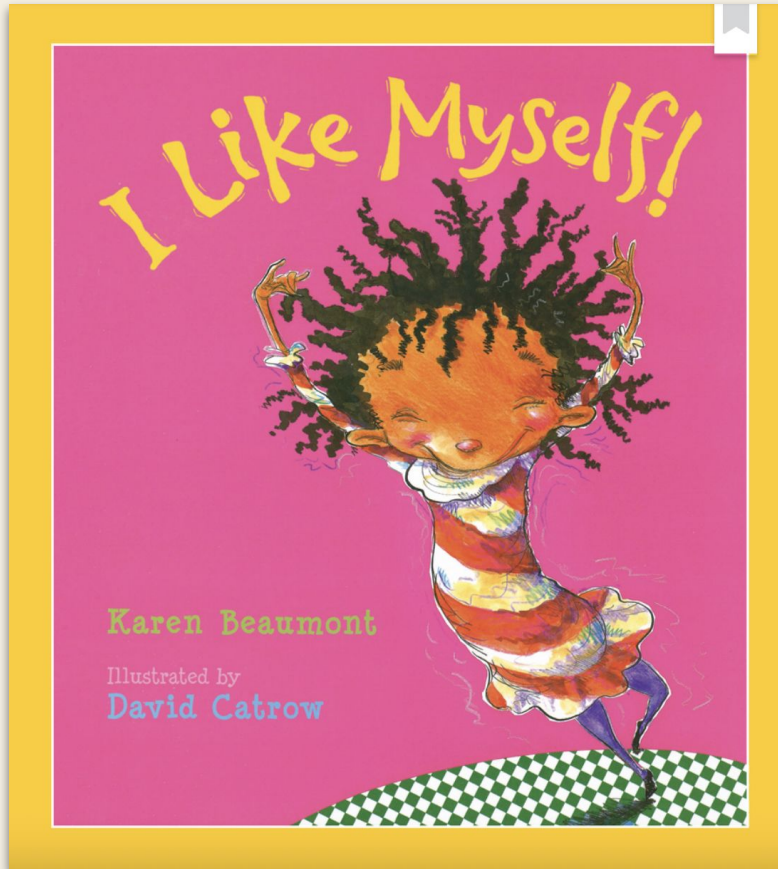
**WEEK
2**

On the outside

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Books of the Week



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Vocabulary

bother



change



same



When you **celebrate**, you do something fun to remember a special person or event. *Let's have a party to celebrate your birthday.*

If something is **different**, it is not the same. *The red flower is different from the others.*

Something is **special** if it is different from others. *A peacock is special because it has colorful feathers.*

Reading Focus

Make Connections

When you read, make connections to . . .



something that
happened to you



ideas in
other texts



something in
the world

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Character Clues

Use picture and text clues
to notice how characters

act



speak



think



feel



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BACK

HOME

Phonics Focus

Week 2

- Nn /n/ 

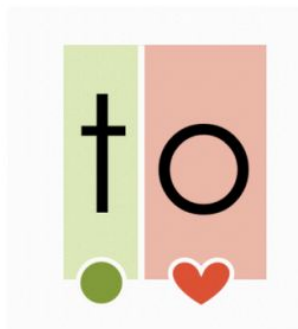
- Dd /d/ 



Irregular Words (Heart Words)

Week 2

Irregular



BACK

ABC

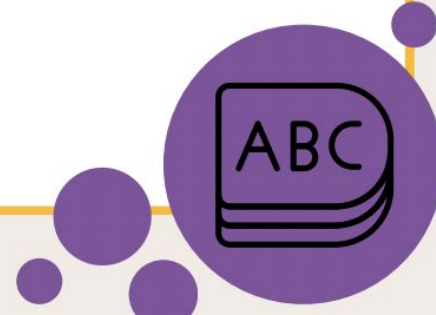
HOME

Decodable High-Frequency Words

Week 2

an man

[BACK](#)



[HOME](#)



ESSENTIAL QUESTION

**What makes
each of us
special?**

**WEEK
1**

Our
names

**Celebrating
Differences**

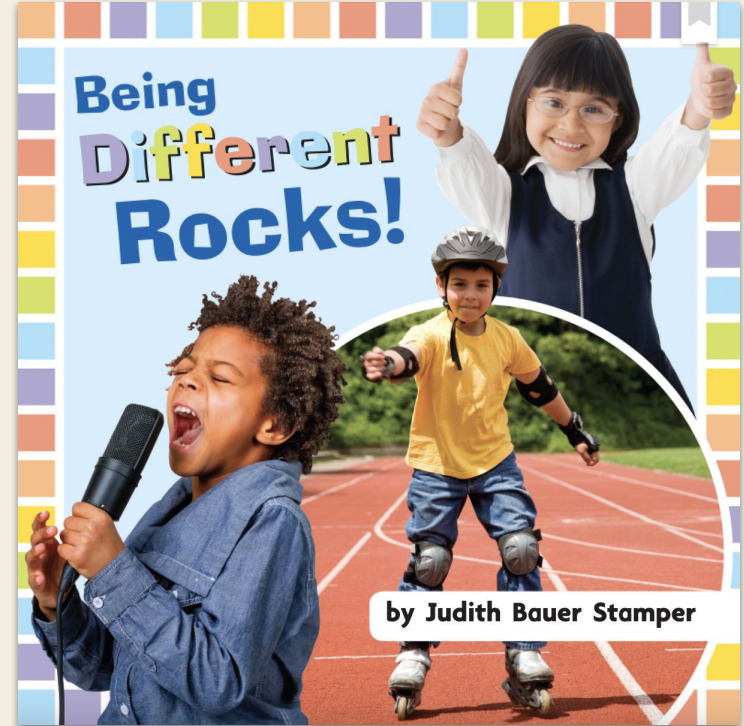
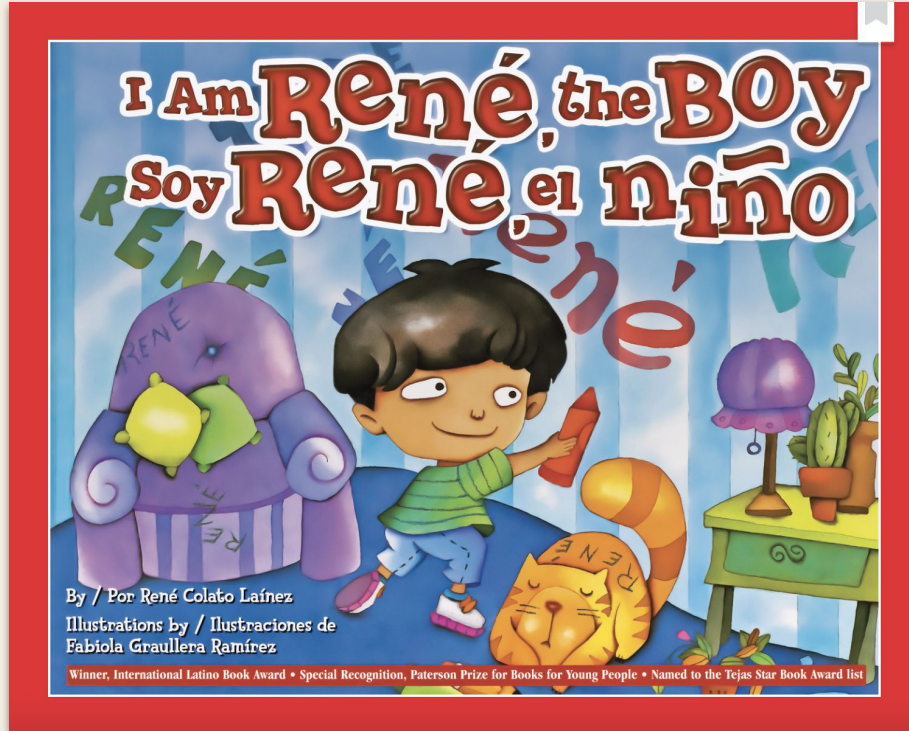
Our feelings,
ideas,
experiences



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Books of the Week



Vocabulary

celebrate



different



special



When you **celebrate**, you do something fun to remember a special person or event. *Let's have a party to celebrate your birthday.*

If something is **different**, it is not the same. *The red flower is different from the others.*

Something is **special** if it is different from others. *A peacock is special because it has colorful feathers.*

Vocabulary

participate



pronounce



research

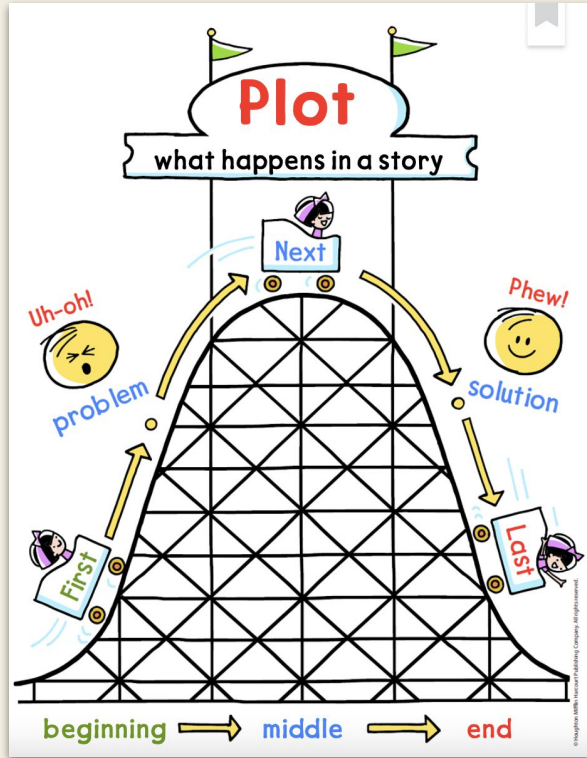


To **participate** in an activity means to do an activity with others. *At the end of the school year, my friends and I participate in a tug of war.*

To **pronounce** a word means to say it in the correct way. *When I read aloud a book, I try to pronounce each word carefully.*

To **research** means to look for information that answers questions about a topic. *Hildy went to the library to research information for her science project.*

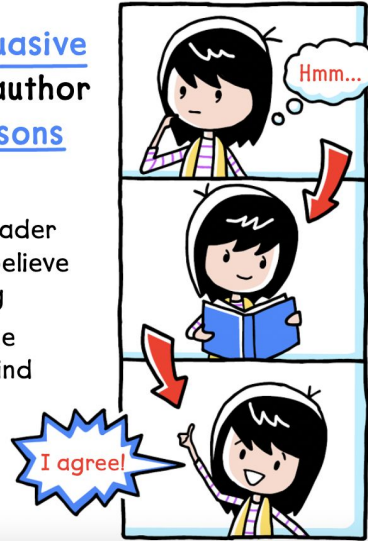
Reading Focus



Persuasive Texts

In a persuasive text, the author gives reasons to try to

- get the reader to do or believe something
- change the reader's mind



Make Connections

When you read, make connections to ...



something that happened to you



ideas in other texts



something in the world

Phonics Focus

Week 1

- Ss /s/



- Bb /b/




Irregular Word (Heart Word)

Week 1



BACK

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ABC

HOME

MODULE
1

Curious About Kindergarten

What will I
discover in
kindergarten?

*"One child, one
teacher, one
book, and
one pen can
change the
world."*

Malala Yousafzai



New People



New Places



New Fun



New Skills



New Ideas

Grade K

Module 1

“

One child, one teacher, one book and
one pen can change the world.

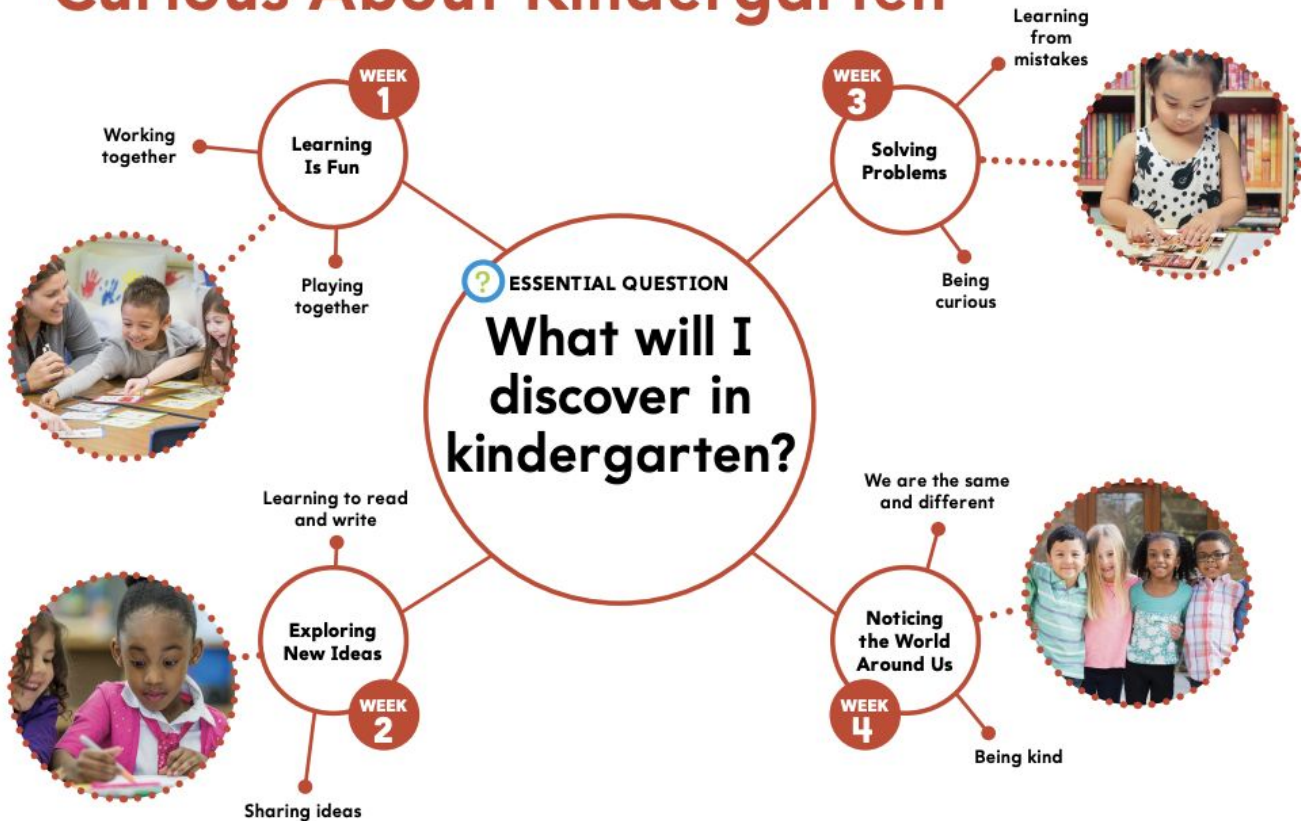
Malala Yousafzai
UN Messenger of Peace



BACK

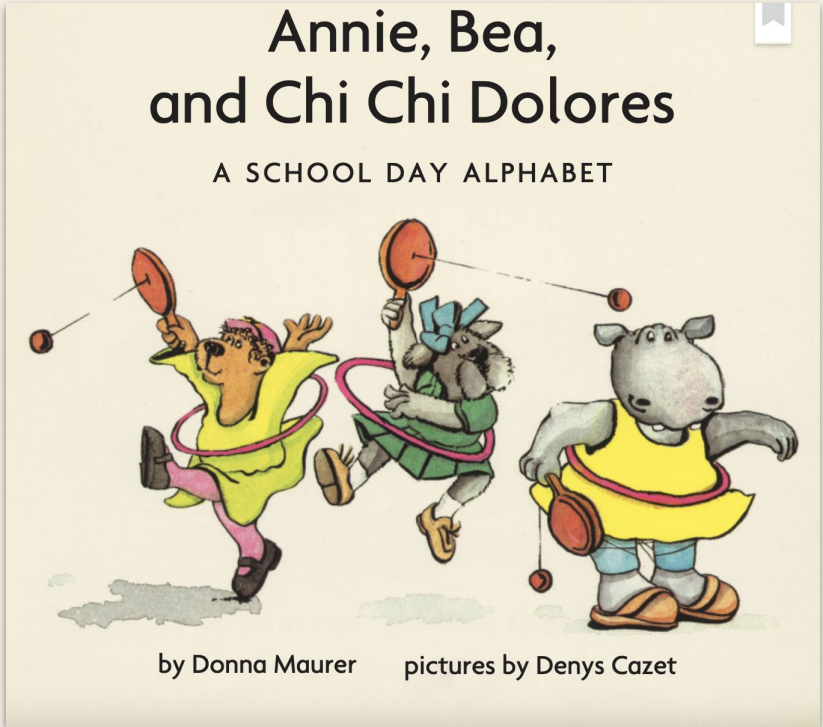
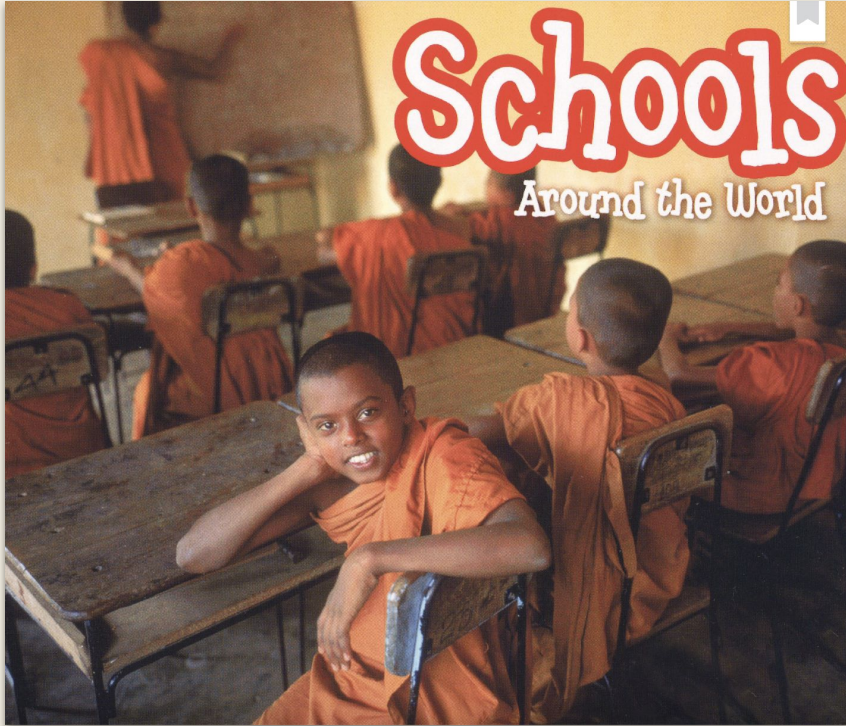
HOME

Curious About Kindergarten

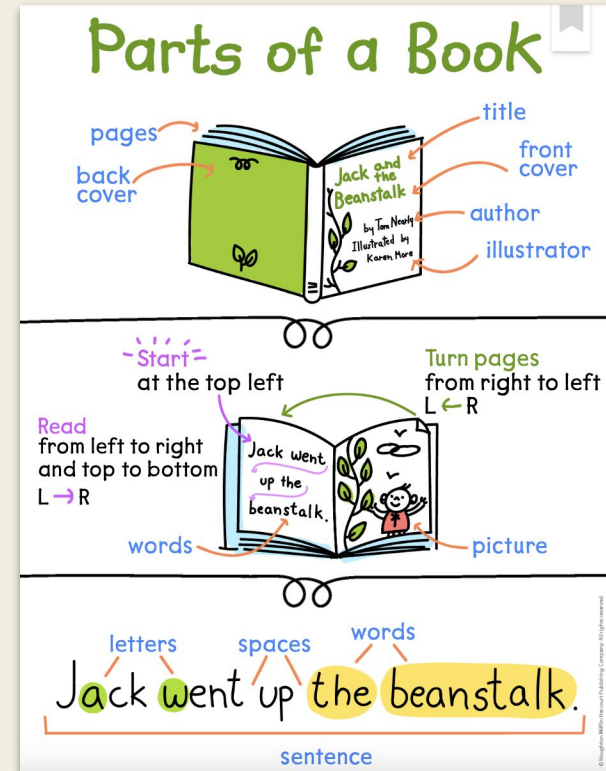
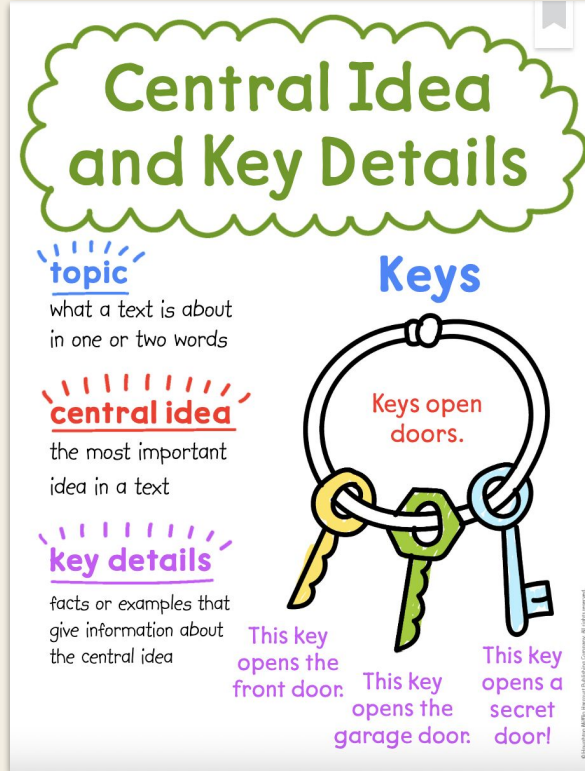
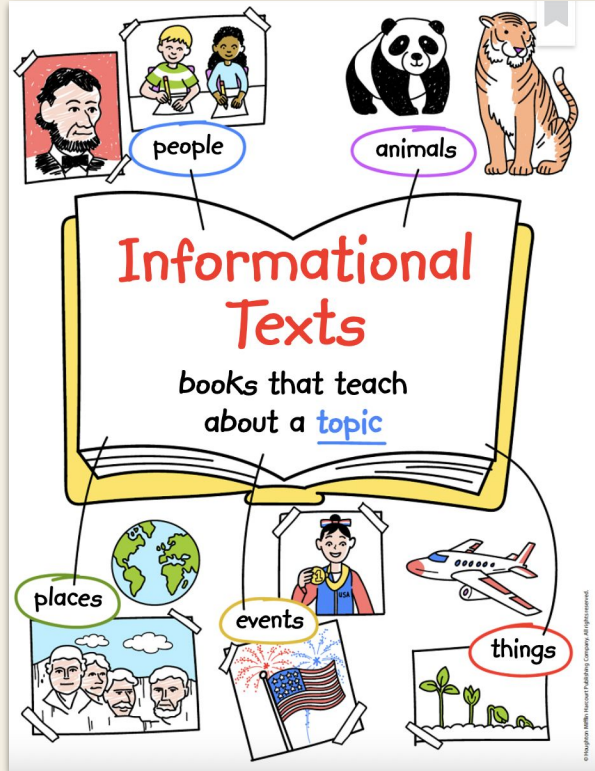


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Books of the Week



Reading Focus



Vocabulary

city



country



map



A **city** is a place where many people live and work close together. *There are lots of people, buildings, and cars in the city.*

When you are in the **country**, you are far away from big towns and cities. *There are a lot of trees and fields in the country.*

A **map** is a picture or drawing that shows streets, rivers, and other parts of a place. *We look at the map to see what roads to take on our trip.*

Phonics Focus

Week 3

- Mm /m/



- Tt /t/



Phonics Focus

Week 4

- Short Aa /a/



BACK

ABC

HOME

Irregular Words (Heart Words)

Week 4

Irregular

a

th e

BACK



HOME

Decodable High-Frequency Words

Week 4

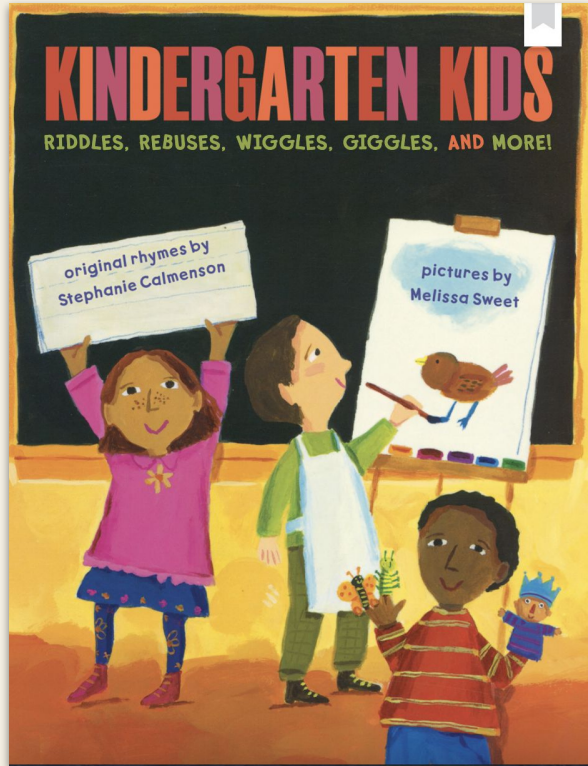
at am

BACK



HOME

Books of the Week



Reading Focus

Poems

- can break the rules**
Poems do not always use complete sentences.
Illustrations: a bear, an umbrella, a pencil, a cat.
- use words to tell how things look, feel, sound, smell, or taste**
Illustrations: a girl, a boy, a girl, a boy.
- can rhyme**
Words that rhyme have the same end sound.
Example: cat, rat, hat.
- can have rhythm**
Rhythm is the beat of the poem, like in music!
Illustration: a drum.

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Turn and Talk


1. Turn toward your partner.
Illustration: Two children, one labeled 1 and one labeled 2, facing each other.
2. Look your partner in the eye.
Illustration: Two eyes looking at each other.
3. One partner talks. One partner listens.
Illustration: A mouth talking and an ear listening.
4. Switch!
Illustration: The two children, one labeled 1 and one labeled 2, switching positions.

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Reading Focus





Check for Understanding

STOP and think:



Do I understand what is happening?

If not, then:

reread 	use what you know 
look for clues 	ask questions 

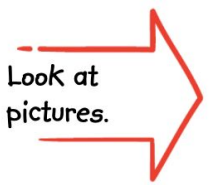
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Meaning Clues


clues to help figure out what a word means

.....

Look at pictures.



The kids stand in line.



.....

Vocabulary

clue



mistake



puzzled



A **clue** is information that helps you find something or solve a problem. *I looked closely for a clue to find the missing lunch box.*

When you make a **mistake**, you do something the wrong way. *My teacher told me it's OK to make a mistake as long as I try hard.*

If you are puzzled, you are not sure what to do. *The girl is puzzled by the game she is playing.*

Phonics Focus

Week 3

- Mm /m/



- Tt /t/

