

## ***Body Mass Index (BMI) Policy***

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The Martha's Vineyard Public Schools (MVPS) wishing to ensure that Body Mass Index (BMI) and the corresponding percentile are calculated for students in grades 1, 4, 7 and 10 (or in the case of un-graded classrooms, by a student's 7<sup>th</sup>, 10<sup>th</sup>, 13<sup>th</sup> and 16<sup>th</sup> birthdays) adopts this policy.

**A. SCREENING PROCESS**

Measurement of weight and height shall be done by trained school personnel or others approved by the Department of Public Health for this purpose, and in accordance with guidelines of the Department of Public Health. Prior notice of the screening and the benefits of the screening shall be provided to the parent or legal guardian by any reasonable means. Every effort shall be made to protect the privacy of the student during the screening process and in the communication of information about the student's BMI to the parent or legal guardian, should it be requested.

**B. BMI DATA**

The Department of Public Health shall be provided annually with student BMI data, by school or school district, as specified in guidelines of the Department of Public Health. Parents or legal guardians may request the information from the school nurse.

**C. BMI SCORE**

A copy of the student's BMI score shall be maintained in the student's school health record. With the consent of the parent or legal guardian, a copy shall be provided to the student's primary care physician.

**D. PARTICIPATION**

Parents and legal guardians shall be provided with an opportunity to request, *in writing*, that their child not participate in the program.

{Adoption Date} 2.18.2014 by the Edgartown School Committee

CROSS REFS:

LEGAL REFS:

1 <sup>st</sup> Reading - 12.11.2013
2 <sup>nd</sup> Reading - 01.15.2014
3 <sup>rd</sup> Reading - 02.18.2014