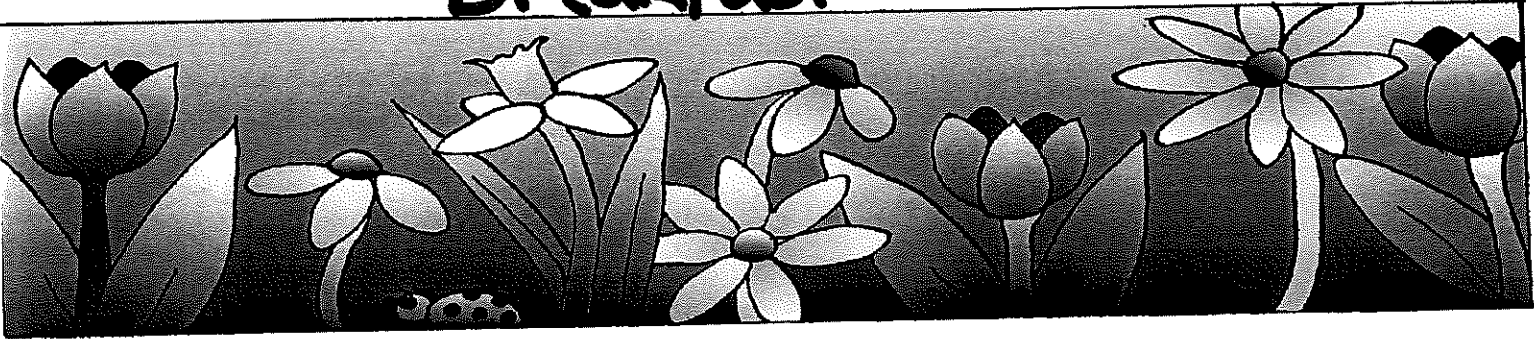


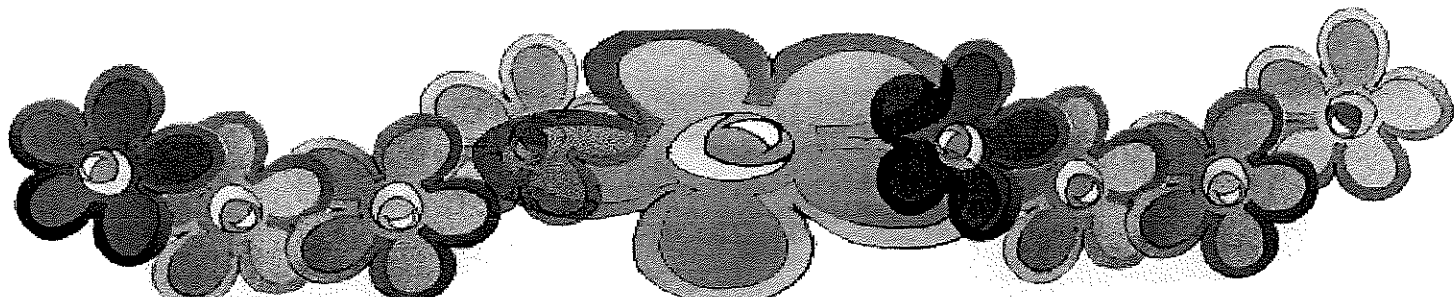
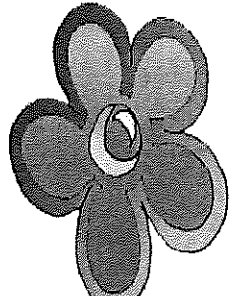
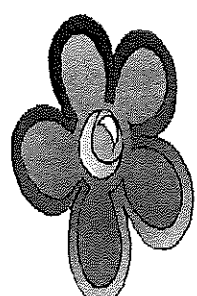
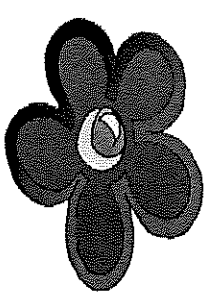
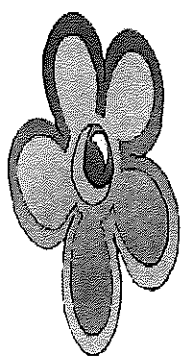
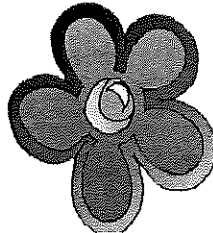
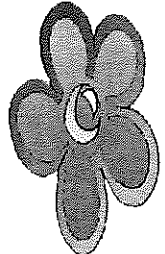
Breakfast



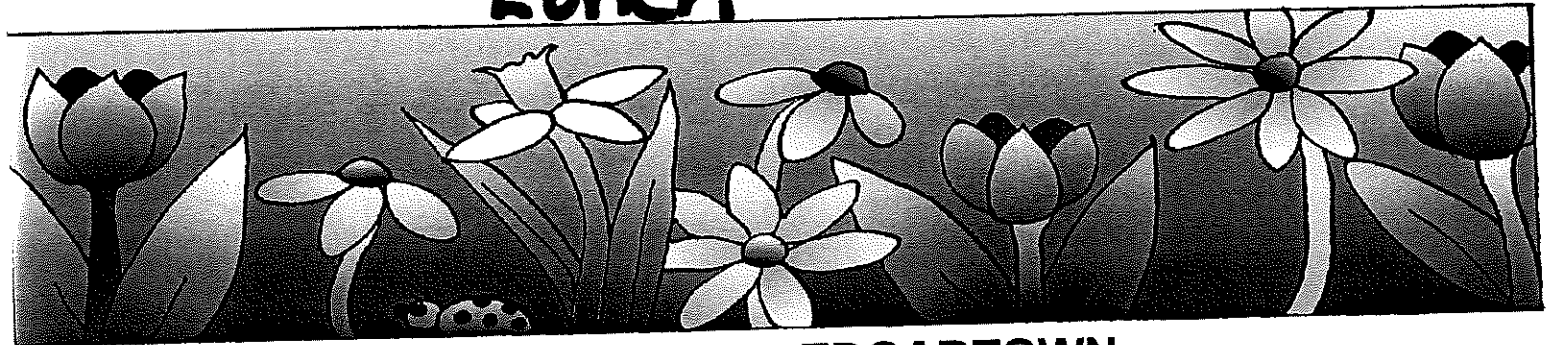
April

2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 PANCAKES BREAKFAST SAUSAGE FRESH FRUIT SALAD ORANGE JUICE ENGLISH MUFFIN	2 ENGLISH MUFFIN SAUSAGE SCRAMBLED EGGS FRESH FRUIT SALAD ORANGE JUICE	3 OATMEAL BAKED HAM FRESH FRUIT SALAD RAISINS BAGEL CINNAMON RAISIN	4 SCRAMBLED EGGS TOAST,WHOLE-WH EAT BREAD FRESH FRUIT SALAD CEREAL,VARIETY	5 FRUIT SMOOTHIE BREAKFAST SAUSAGE FRESH FRUIT SALAD GRANOLA BAGELS,CINNAMO
8 PANCAKES BREAKFAST SAUSAGE FRESH FRUIT SALAD ORANGE JUICE ENGLISH MUFFIN	9 ENGLISH MUFFIN SAUSAGE SCRAMBLED EGGS FRESH FRUIT SALAD ORANGE JUICE	10 OATMEAL BAKED HAM FRESH FRUIT SALAD RAISINS BAGEL CINNAMON RAISIN	11 SCRAMBLED EGGS TOAST,WHOLE-WH EAT BREAD FRESH FRUIT SALAD CEREAL,VARIETY	12 FRUIT SMOOTHIE BREAKFAST SAUSAGE FRESH FRUIT SALAD GRANOLA BAGELS,CINNAMO
15 VACATION	16 VACATION	17 VACATION	18 VACATION	19 VACATION
22 PANCAKES BREAKFAST SAUSAGE FRESH FRUIT SALAD ORANGE JUICE ENGLISH MUFFIN	23 ENGLISH MUFFIN SAUSAGE SCRAMBLED EGGS FRESH FRUIT SALAD ORANGE JUICE	24 OATMEAL BAKED HAM FRESH FRUIT SALAD RAISINS BAGEL CINNAMON RAISIN	25 SCRAMBLED EGGS TOAST,WHOLE-WH EAT BREAD FRESH FRUIT SALAD CEREAL,VARIETY	26 FRUIT SMOOTHIE BREAKFAST SAUSAGE FRESH FRUIT SALAD GRANOLA BAGELS,CINNAMO
29 PANCAKES BREAKFAST SAUSAGE FRESH FRUIT SALAD ORANGE JUICE ENGLISH MUFFIN	30 ENGLISH MUFFIN SAUSAGE SCRAMBLED EGGS FRESH FRUIT SALAD ORANGE JUICE	MILK AVAILABLE WITH MEALS		
				This institution is an equal opportunity provider



Lunch

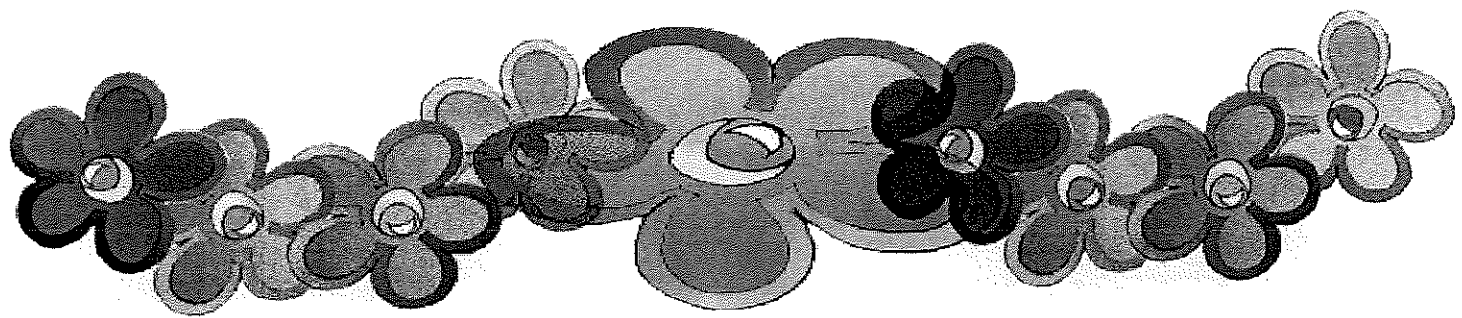


April

EDGARTOWN

Monday Tuesday Wednesday Thursday Friday

1 PIZZA PEPPERONI PIZZA VEGETABLE STICKS TOSSED SALAD FRUIT COCKTAIL FRUIT BOWL	2 MEAT LOAF BAKED POTATO DINNER ROLLS CLAM CHOWDER TOSSED SALAD TOMATO & CUCUMBER	3 PORK CHOPS BAKED SALMON BAKED POTATO TOSSED SALAD PEAS & ONIONS MILK TUE-THURS FRUIT BOWL	4 CHINESE CHICKEN CHINESE STYLE VEGETABLES FRIED RICE ORIENTAL SALAD PINEAPPLE MILK TUE-THURS	5 HAMBURGER ON A BUN PASTA SALAD TOMATO & CUCUMBER TOSSED SALAD SALAD BAR
8 SPAGHETTI & MEATBALLS GARLIC NOODLES MOZZ & TOM SALAD GREEN BEANS TOSSED SALAD	9 PULLED PORK SANDWICH BAKED CODFISH CORN CHOWDER ACORN SQUASH ROASTED POTATO	10 STEAK TIPS BAKED CHICKEN GREEN BEANS RICE & BEANS TOSSED SALAD FRUIT BOWL MILK TUE-THURS	11 TOMATO SOUP GRILLED CHEESE CHEF SALAD VEGETABLE STICKS SALAD KALE OATMEAL	12 HOT DOG ON A BUN BAKED BEANS PEPPER STRIPS TOSSED SALAD VEGETABLE STICKS
15 VACATION	16 VACATION	17 VACATION	18 VACATION	19 VACATION
22 PIZZA PEPPERONI PIZZA VEGETABLE STICKS TOSSED SALAD FRUIT COCKTAIL FRUIT BOWL	23 SHEPHERD'S PIE BBQ RIBS BAKED POTATO GREEN BEANS DINNER ROLLS TOSSED SALAD MILK TUE-THURS	24 MACARONI AND CHEESE (NEW SHRIMP SCAMPI GREEN BEANS ROLLS, WHEAT TOSSED SALAD MILK TUE-THURS	25 CHILLI CHICKEN FAJITAS ROASTED POTATO MEXICALI CORN SALSA TOSSED SALAD SLICED PEACHES	26 FISH BURGER grilled chick on bun TOMATO & CUCUMBER SWEET POTATO, BAKED TOSSED SALAD
29 AMERICAN CHOP SUEY GARLIC NOODLES BROCCOLI GARLIC BREAD TOSSED SALAD FRUIT SALAD	30 AVAILABLE DAILY MILK, SALAD, FRESH FRUIT		This institution is an equal opportunity provider	






Café da manhã - Abril de 2024 - Edgartown School

Segunda	Terça	Quarta	Quinta	Sexta
1 - Panqueca - Salsicha - Salada de frutas frescas - Suco de laranja - Pão "muffin"	2 - Pão "muffin" - Salsicha - Ovo mexidos - Salada de frutas frescas - Suco de laranja	3 - Aveia - Presunto ao forno - Salada de frutas frescas - Uva passa - Pão "bagel", canela/uva passa	4 - Ovos mexidos - Torrada, pão integral - Salada de frutas frescas - Cereal, Variedade	5 - Vitamina de frutas - Salsicha - Salada de frutas frescas - Granola - Pão "bagel", canela/uva passa
8 - Panqueca - Salsicha - Salada de frutas frescas - Suco de laranja - Pão "muffin"	9 - Pão "muffin" - Salsicha - Ovo mexidos - Salada de frutas frescas - Suco de laranja	10 - Aveia - Presunto ao forno - Salada de frutas frescas - Uva passa - Pão "bagel", canela/uva passa	11 - Ovos mexidos - Torrada, pão integral - Salada de frutas frescas - Cereal, Variedade	12 - Vitamina de frutas - Salsicha - Salada de frutas frescas - Granola - Pão "bagel", canela/uva passa
15 <i>FÉRIAS</i>	16 <i>FÉRIAS</i>	17 <i>FÉRIAS</i>	18 <i>FÉRIAS</i>	19 <i>FÉRIAS</i>
22 - Panqueca - Salsicha - Salada de frutas frescas - Suco de laranja - Pão "muffin"	23 - Pão "muffin" - Salsicha - Ovo mexidos - Salada de frutas frescas - Suco de laranja	24 - Aveia - Presunto ao forno - Salada de frutas frescas - Uva passa - Pão "bagel", canela/uva passa	25 - Ovos mexidos - Torrada, pão integral - Salada de frutas frescas - Cereal, Variedade	26 - Vitamina de frutas - Salsicha - Salada de frutas frescas - Granola - Pão "bagel", canela/uva passa
29 - Panqueca - Salsicha - Salada de frutas frescas - Suco de laranja - Pão "muffin"	30 - Pão "muffin" - Salsicha - Ovo mexidos - Salada de frutas frescas - Suco de laranja	<i>LEITE DISPONÍVEL COM AS REFEIÇÕES</i>		<i>Esta instituição fornece oportunidades igualitárias.</i>



Almoço - Abril de 2024 - Edgartown School

Segunda	Terça	Quarta	Quinta	Sexta
1 - Pizza - Pizza de pepperoni - Palitos de verdura - Salada mista - Coquetel de frutas - Tigela com frutas	2 - Bolo de carne - Batata ao forno - Pãozinho redondo - Sopa de mariscos - Salada mista - Tomate e pepino	3 - Costeleta de porco - Salmão ao forno - Batata ao forno - Salada mista - Ervilha e cebola - Leite (De terça a quinta) - Tigela com frutas	4 - Frango estilo chinês - Verduras estilo chinês - Arroz frito - Salada oriental - Abacaxi - Leite (De terça a quinta)	5 - Hambúrguer no pão - Salada de macarrão - Tomate e pepino - Salada mista - Bufê de salada
8 - Espaguete e almôndegas - Macarrão com alho - Salada de mozzarella e tomate - Feijão verde - Salada mista	9 - Sanduíche de carne de porco desfiada - Bacalhau ao forno - Sopa de creme de milho - Abóbora bolota - Batata assada	10 - Cubinhos de bife - Frango ao forno - Feijão verde - Arroz e feijão - Salada mista - Tigela com frutas - Leite (De terça a quinta)	11 - Sopa de tomate - Sanduíche de queijo grelhado - Salada do Chefe - Palitos de verdura - Salada de couve galega	12 - Cachorro-quento no pão - Feijão ao forno - Tiras de pepino - Salada mista - Palitos de verdura
15 <i>FÉRIAS</i>	16 <i>FÉRIAS</i>	17 <i>FÉRIAS</i>	18 <i>FÉRIAS</i>	19 <i>FÉRIAS</i>
22 - Pizza - Pizza de pepperoni - Palitos de verdura - Salada mista - Coquetel de frutas - Tigela com frutas	23 - Torta de carne - Costela com molho de barbecue - Batata ao forno - Feijão verde - Pãozinho redondo - Salada mista - Leite (De terça a quinta)	24 - Macarrão com queijo - Camarão com molho branco - Feijão verde - Pãozinho redondo integral - Salada mista - Leite (De terça a quinta)	25 - Chilli - Fajita com frango - Batata assada - Milho com pimentão verde e vermelho estilo "mexicali" - Salsa - Salada mista - Pêssego em fatias	26 - Hambúrguer de peixe - Frango grelhado no pão - Tomate e pepino - Batata doce ao forno - Salada mista
29 - Macarrão com alho estilo "chop suey" americano - Brócolis - Pão de alho - Salada mista - Salada de fruta	30 <i>Refeição "misteriosa"</i>	LEITE, SALADA, FRUTAS FRESCAS DISPONÍVEIS DIARIAMENTE		<i>Esta instituição fornece oportunidades igualitárias.</i>