

MEETING MINUTES

EDGARTOWN WELLNESS COMMITTEE

August 28, 2025

ATTENDEES

Kate Curelli, Debbie Debettencourt, Gina Debettencourt, Lori Ford, Megan McDonald, Heather Heinz, Maggie Benoit

New Business

- This meeting focused on the Open House and Health Fair. We are working on creating a spreadsheet of past participants with updated contact information. We are also increasing the number of invitees in the Edgartown Community.
- Kate Curelli will develop a flyer to give out to invite families to the open house
- Committee members were assigned specific groups to followup on regarding REVPs
- Heather will contact Dwight to arrange setup and will have 8th graders assist for community service hours.
- Meg McDonald is coming up with the September monthly staff challenge.

Promoting Wellness

- Continue with monthly themed fun runs.
- Monthly fitness challenges for staff and students.
- Gym teachers are having a lap competition before gym.
- There is open gym available in the AM for students grades 5-8

To Do:

- Set a date for bike to school (last one was May 1 2024)
- Schedule next Wellness Meeting (November 1 1:00pm Kate will meet with Alison Doak regarding Introduction to School Wellness Policy Coaching Program

- Next Wellness Meeting: zoom with Alison 3pm via zoom Tuesday Dec 9th@ 3pm.
Members confirmed: Meg McDonald, Gina Debettencourt, Lori Ford, Maggie Benoit, Heather Heinz, Kate Campbell, Debbie Debbettencourt, , Kristle Schaffer