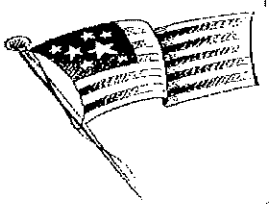


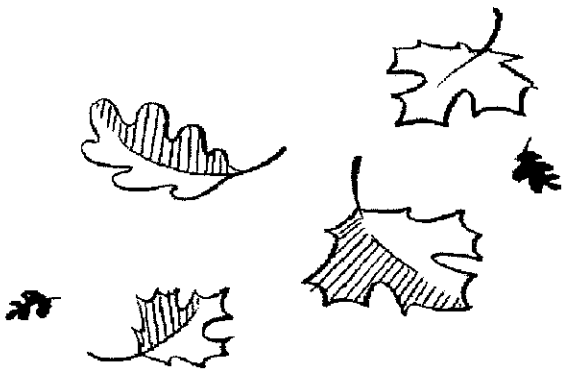
November

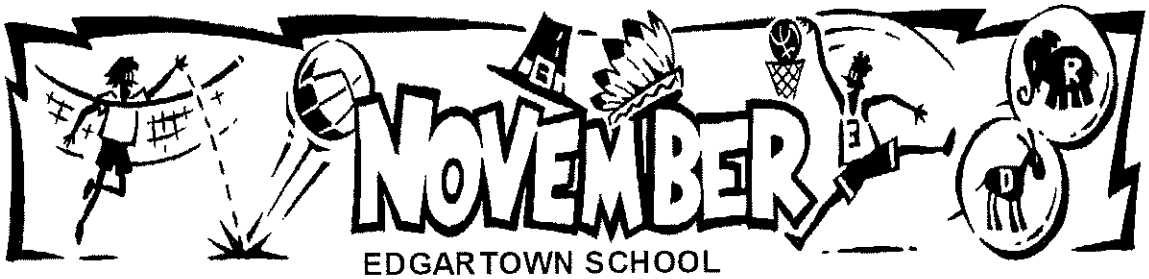
EDGARTOWN SCHOOL
2026

MILK,FRESH
FRUIT,JUICE AVAILABLE
DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
2 *PANCAKES* *BREAKFAST SAUSAGE* *FRESH FRUIT SALAD* *ORANGE JUICE* *YOGURT* *GRANOLA* *CEREAL,VARIETY* *FRUIT BOWL* *MILK TUE-THURS*	**3** *SCRAMBLED EGGS* *BREAKFAST SAUSAGE* *ENGLISH* *MUFFINS,PLAIN,TO* *FRESH FRUIT SALAD* *ORANGE JUICE* *YOGURT* *GRANOLA* *CEREAL,VARIETY*	**4** *BREAKFAST BURRITO* *W/ SAL* *PLAIN BAGEL* *OATMEAL* *BAKED HAM* *FRESH FRUIT SALAD* *CEREAL,VARIETY* *ORANGE JUICE* *YOGURT*	**5** *SCRAMBLED EGGS* *TOAST,WHOLE-WHEAT* *BREAD* *FRESH FRUIT SALAD* *CEREAL,VARIETY* *YOGURT* *GRANOLA* *ORANGE JUICE* *FRUIT BOWL*	**6** *PLAIN BAGEL* *FRUIT SMOOTHIE* *BREAKFAST SAUSAGE* *FRESH FRUIT SALAD* *YOGURT* *GRANOLA* *CEREAL,VARIETY* *FRUIT BOWL* *MILK TUE-THURS*
9 *PANCAKES* *BREAKFAST SAUSAGE* *FRESH FRUIT SALAD* *ORANGE JUICE* *YOGURT* *GRANOLA* *CEREAL,VARIETY* *FRUIT BOWL* *MILK TUE-THURS*	**10** *SCRAMBLED EGGS* *BREAKFAST SAUSAGE* *ENGLISH* *MUFFINS,PLAIN,TO* *FRESH FRUIT SALAD* *ORANGE JUICE* *YOGURT* *GRANOLA* *CEREAL,VARIETY*	**11** *NO SCHOOL TODAY* 	**12** *SCRAMBLED EGGS* *TOAST,WHOLE-WHEAT* *BREAD* *FRESH FRUIT SALAD* *CEREAL,VARIETY* *YOGURT* *GRANOLA* *ORANGE JUICE* *FRUIT BOWL*	**13** *PLAIN BAGEL* *FRUIT SMOOTHIE* *BREAKFAST SAUSAGE* *FRESH FRUIT SALAD* *YOGURT* *GRANOLA* *CEREAL,VARIETY* *FRUIT BOWL* *MILK TUE-THURS*
16 *PANCAKES* *BREAKFAST SAUSAGE* *FRESH FRUIT SALAD* *ORANGE JUICE* *YOGURT* *GRANOLA* *CEREAL,VARIETY* *FRUIT BOWL* *MILK TUE-THURS*	**17** *SCRAMBLED EGGS* *BREAKFAST SAUSAGE* *ENGLISH* *MUFFINS,PLAIN,TO* *FRESH FRUIT SALAD* *ORANGE JUICE* *YOGURT* *GRANOLA* *CEREAL,VARIETY*	**18** *BREAKFAST BURRITO* *W/ SAL* *PLAIN BAGEL* *OATMEAL* *BAKED HAM* *FRESH FRUIT SALAD* *CEREAL,VARIETY* *ORANGE JUICE* *YOGURT*	**19** *SCRAMBLED EGGS* *TOAST,WHOLE-WHEAT* *BREAD* *FRESH FRUIT SALAD* *CEREAL,VARIETY* *YOGURT* *GRANOLA* *ORANGE JUICE* *FRUIT BOWL*	**20** *PLAIN BAGEL* *FRUIT SMOOTHIE* *BREAKFAST SAUSAGE* *FRESH FRUIT SALAD* *YOGURT* *GRANOLA* *CEREAL,VARIETY* *FRUIT BOWL* *MILK TUE-THURS*
23 *PANCAKES* *BREAKFAST SAUSAGE* *FRESH FRUIT SALAD* *ORANGE JUICE* *YOGURT* *GRANOLA* *CEREAL,VARIETY* *FRUIT BOWL* *MILK TUE-THURS*	**24** *SCRAMBLED EGGS* *BREAKFAST SAUSAGE* *ENGLISH* *MUFFINS,PLAIN,TO* *FRESH FRUIT SALAD* *ORANGE JUICE* *YOGURT* *GRANOLA* *CEREAL,VARIETY*	**25** *NO SCHOOL TODAY*	**26** *NO SCHOOL TODAY* ***Thanksgiving!***	**27** *NO SCHOOL TODAY*
30 *PANCAKES* *BREAKFAST SAUSAGE* *FRESH FRUIT SALAD* *ORANGE JUICE* *YOGURT* *GRANOLA* *CEREAL,VARIETY* *FRUIT BOWL* *MILK TUE-THURS*	BREAKFAST ALL STUDENTS FREE ADULTS 4.00			

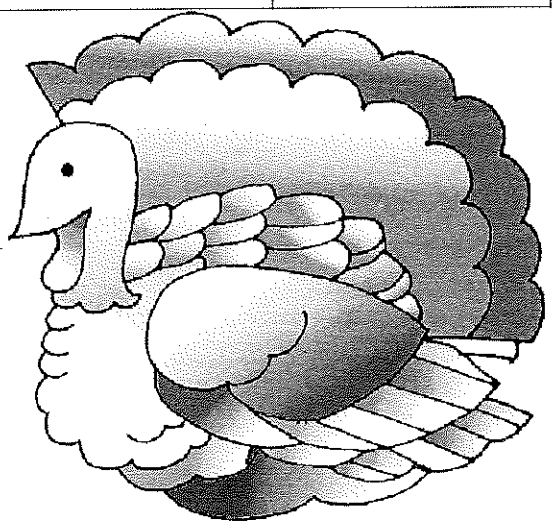
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EDGARTOWN SCHOOL
2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 AMERICAN CHOP SUEY GARLIC NOODLES BROCCOLI GARLIC BREAD TOSSED SALAD FRUIT SALAD MILK TUE-THURS FRUIT BOWL	**3** CHILI W/ BEANS CHICKEN FAJITAS RICE & BEANS SALSA TOSSED SALAD MEXICALI CORN PINEAPPLE MILK TUE-THURS	**4** BAKED HAM COD FISH POTATOES AU GRATIN SPINACH SALADS GARLIC BREAD TOSSED SALAD MILK TUE-THURS FRUIT BOWL	**5** CHIC' PENNE SAUSAGE & POTATO SOUP CRACKERS CARROTS TOSSED SALAD fruit bowl oran & app MILK TUE-THURS	**6** HOT DOG ON A BUN BAKED BEANS PEPPER STRIPS TOSSED SALAD VEGETABLE STICKS WATERMELON MILK TUE-THURS FRUIT BOWL
9 PIZZA PEPPERONI PIZZA TOMATO & CUCUMBER TOSSED SALAD FRUIT COCKTAIL MILK TUE-THURS SALAD BAR FRUIT BOWL	**10** MACARONI AND CHEESE (NEW SALAD KALE GREEN BEANS STRAWBERRIES,FRESH FRUIT BOWL PLUM&NECTARIN MILK TUE-THURS		**12** PORK CHOPS CLAM CHOWDER ROASTED POTATO BUTTERNUT SQUASH TOSSED SALAD MILK TUE-THURS FRUIT BOWL	**13** FISH BURGER grilled chick on bun TOMATO & CUCUMBER SWEET POTATO, BAKED TOSSED SALAD SLICED PEACHES MILK TUE-THURS FRUIT BOWL
16 SPAGHETTI & MEATBALLS GARLIC NOODLES MOZZ & TOM SALAD GREEN BEANS TOSSED SALAD GARLIC BREAD MILK TUE-THURS	**17** TOMATO SOUP GRILLED CHEESE CHEF SALAD VEGETABLE STICKS SALAD KALE OATMEAL COOKIES MILK TUE-THURS FRUIT BOWL	**18** TURKEY &GRAVY SQUASH,WINTER MASHED POTATO STUFFING GREEN BEANS TOSSED SALAD CRANBERRY SAUCE APPLE PIE	**19** BAKED CHICKEN RICE & BEANS STUFFED PEPPERS VEGE GREEN BEANS TOMATO SLICES TOSSED SALAD FRUIT BOWL	**20** HAM AND CHEESE SANDWICH TUNA SALAD SANDWICH POTATO SALAD VEGETABLE STICKS SLICED PEACHES FRUIT BOWL PLUM&NECTARIN
23 PIZZA PEPPERONI PIZZA TOMATO & CUCUMBER TOSSED SALAD FRUIT COCKTAIL MILK TUE-THURS SALAD BAR FRUIT BOWL	**24** TURKEY AND CHEESE WRAP SUNBUTTER SANDWICH CELERY & CARROTS TOSSED SALAD FRUIT BOWL MILK TUE-THURS	**25** NO SCHOOL TODAY	**26** NO SCHOOL TODAY ***Thanksgiving!***	**27** NO SCHOOL TODAY
30 PIZZA PEPPERONI PIZZA TOMATO & CUCUMBER TOSSED SALAD FRUIT COCKTAIL MILK TUE-THURS SALAD BAR FRUIT BOWL	AVAILABLE DAILY MILK,SALAD,FRESH FRUIT			



LUNCH ALL STUDENTS
FREE ADULTS 5.00

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NOVEMBRO

Edgartown School 2026



CARDÁPIO DE ALMOÇO

MON	TUE	WED	THU	FRI
FRUTAS FRESCAS, SALADA E LEITE DISPONÍVEIS TODOS OS DIAS				
2	**3**	**4**	**5**	**6**
Frango à xadrez Macarrão ao allho Brocoli Pão de alho Salada Mista Salada de frutas Leite (de terça à quinta) Tigela de Frutas	*Chilli* com feijão *Quesadilha* de Frango Arroz e Feijão Molho Fresco Salada Mista Milho *Mexicali* Abacaxi Leite (de terça à quinta)	Presunto Assado Bacalhau Batatas gratinadas Salada de espinafre Pão de alho Salada Mista Leite (de terça à quinta) Tigela de frutas	Penne ao frango Sopa de linguiça/batata Biscoito *crackers* Cenouras Salada mista Leite (de terça à quinta) Tigela de frutas	Cachorro-quente Feijão assado Pimentão em tiras Salada Mista Palitos de Vegetais Melancia Leite (de terça à quinta) Tigela de frutas
9	**10**	**11**	**12**	**13**
Pizza c/ queijo Pizza c/pepperoni Tomate e pepino Salada mista Salada de frutas Leite (de terça à quinta) Tigela com frutas	Macarrão & Queijo Salada de Couve c/fruta Vagem Morangos Salada de frutas frescas Ameixa e Nectarinas Leite (de terça à quinta)	**No School Today** **Veterans' Day**	Chuleta de porco *Clam Chowder* Batatas assadas Abobora Paulista Salada mista Leite (de terça à quinta) Tigela de frutas	Hamburguer de Paixe Frango grelhado no pão Tomate e Pepino Batata doce assada Salada mista Pêssegos em fatias Leite (de terça à quinta) Tigela de frutas
16	**17**	**18**	**19**	**20**
Macarrão &Almôndegas Macarrão ao allho Salada queijo e tomate Vagem Salada Mista Pão de alho Leite (de terça à quinta)	Sopa de tomate Queijo quente no pão Salada do Chef Palitos de vegetais Salada de Couve Biscoito de aveia Leite (de terça à quinta) Tigela de Frutas	Perú e molho *Gravy* Abóbora de inverno Purê de batatas Sarrabulho (stuffing) Vagem Salada Mista Molho de *cranberry* Torta de maçã	Frango Assado Arroz e feijão Pimentões recheados Vegetais Vagem Fatias de Tomate Salada mista Tigela de frutas	Sanduíche de Queijo e Presunto Sanduíche de Atum Salada de batata Palitos de vegetais Pêssegos em fatias Tigela de frutas Ameixa e Nectarinas
23	**24**	**25**	**26**	**27**
Pizza c/ queijo Pizza c/pepperoni Tomate e pepino Salada mista Salada de frutas Leite (de terça à quinta) Tigela com frutas	Sanduíche enrolado de perú e queijo Sanduíche de pasta de semente de girasol Cenoura e Aipo Salada Mista Tigela de Frutas Leite (de terça à quinta)	NO SCHOOL TODAY **DIA DE AÇÃO DE GRAÇAS!!!**	NO SCHOOL TODAY	NO SCHOOL TODAY
30				
Pizza c/ queijo Pizza c/pepperoni Tomate e pepino Salada mista Salada de frutas Leite (de terça à quinta) Tigela com frutas	**Esta instituição provê opportunidades iguais a todos.** **Disponível Diariamente: Leite, Salada e Frutas frescas.**			

Almoço Grátis para Todos Estudantes.

Adultos: 5.00 U$.

NOVEMBRO Edgartown School 2026



Cardápio de café da manhã

MON	TUE	WED	THU	FRI
FRUTAS FRESCAS, SALADA E LEITE DISPONÍVEIS TODOS OS DIAS.				
2	**3**	**4**	**5**	**6**
Panquecas Salsicha p/café matinal Salada de frutas frescas Suco de laranja Iogurte / Granola Cereal, opção variada Leite Terça à Quinta	Ovos mexidos Salsicha p/café matinal Pão “muffin” simples Salada de frutas frescas Suco de laranja Iogurte	*Burrito* com salsa “Bagel” simples Aveia Presunto cozido Salada de frutas frescas Cereal – opção variada	Ovos mexidos Torrada, pão integral Salada de frutas frescas Cereal – opção variada Iogurte Granola	*Bagel* simples Batida de fruta Salsicha p/café matinal Salada de frutas frescas Iogurte - Granola Cereal, opção variada
9	**10**	**11**	**12**	**13**
Panquecas Salsicha p/café matinal Salada de frutas frescas Suco de laranja Iogurte / Granola Cereal, opção variada Leite Terça à Quinta	Ovos mexidos Salsicha p/café matinal Pão “muffin” simples Salada de frutas frescas Suco de laranja Iogurte	**NO SCHOOL TODAY**	Ovos mexidos Torrada, pão integral Salada de frutas frescas Cereal – opção variada Iogurte Granola	*Bagel* simples Batida de fruta Salsicha p/café matinal Salada de frutas frescas Iogurte - Granola Cereal, opção variada
16	**17**	**18**	**19**	**20**
Panquecas Salsicha p/café matinal Salada de frutas frescas Suco de laranja Iogurte / Granola Cereal, opção variada	Ovos mexidos Salsicha p/café matinal Pão “muffin” simples Salada de frutas frescas Suco de laranja Iogurte	*Burrito* com salsa “Bagel” simples Aveia Presunto cozido Salada de frutas frescas Cereal – opção variada	Ovos mexidos Torrada, pão integral Salada de frutas frescas Cereal – opção variada Iogurte Granola	*Bagel* simples Batida de fruta Salsicha p/café manhã Salada de frutas frescas Iogurte - Granola Cereal, opção variada
23	**24**	**25**	**26**	**27**
Panquecas Salsicha p/café matinal Salada de frutas frescas Suco de laranja Iogurte / Granola Cereal, opção variada	Ovos mexidos Salsicha p/café matinal Pão “muffin” simples Salada de frutas frescas Suco de laranja Iogurte	NO SCHOOL TODAY	NO SCHOOL TODAY	NO SCHOOL TODAY
30				
Panquecas Salsicha p/café matinal Salada de frutas frescas Suco de laranja Iogurte / Granola Cereal, opção variada	**Esta instituição provê opportunidades iguais a todos.** **Disponível Diariamente: Leite, Salada e Frutas frescas.**			

DIA DE AÇÃO DE GRAÇAS!!!

Café da Manhã Grátis para Todos Estudantes. **Adultos**: 4.00 U$.